Nov 7, 2024

## Clay Community Schools ELEMENTARY BREAKFAST DECEMBER 2024

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
| Dec - 2  | Dec - 3  | Dec - 4  | Dec - 5   | Dec - 6  |
| POP TART<br>FRESH FRUIT<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT                   | FRENCH TOAST STICKS/<br>SYRUP<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT  | GRAVY& BISCUITS FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT               | CINN ROLL BACON FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT                              | SAUSAGE PANCAKE WRAP<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT |
| Dec - 9  | Dec - 10   | Dec - 11   | Dec - 12  | Dec - 13   |
| WG DUNKIN STICKS<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT | PANCAKES/SYRUP<br>SAUSAGE LINK<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT | SCRAMBLED EGGS BACON TOAST,WG FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT | DUTCH WAFFLE<br>SAUSAGE PATTY<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT | BACON EGG BISCUIT<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT    |
| Dec - 16   | Dec - 17   | Dec - 18   | Dec - 19  | Dec - 20   |
| DONUT MINI CHOC.<br>FRESH FRUIT<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT           | WAFFLES SAUSAGE LINK FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT                          | GRAVY& BISCUITS FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT               | CINN ROLL BACON FRUIT of cooks choice JUICE MILK CEREAL YOGURT PARFAIT                              | BREAKFAST SANDWICH<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT   |
| Dec - 23   | Dec - 24   | Dec - 25   | Dec - 26  | Dec - 27   |
| CHRISTMAS BREAK  | CHRISTMAS BREAK  | CHRISTMAS BREAK  | CHRISTMAS BREAK   | CHRISTMAS BREAK  |
| Dec - 30   | Dec - 31   |  |   |  |
| CHRISTMAS BREAK  | CHRISTMAS BREAK  |  |   |  |

ALL MENUS ARE SUBJECT TO CHANGE
CEREAL AND PARFAIT MEALS ARE OFFERED AS OTHER OPTIONS
This institution is an equal opportunity provider.

|          |         | Weekly  | % of   |          |          | % of     | Weekly  |
|----------|---------|---------|--------|----------|----------|----------|---------|
|          | Average | Target  | Target |          | Average  | Calories | Target  |
| Calories | 479     | 550-650 | 87%    | Sugars   | 49.14* g | 40.99%   | _       |
| Sodium   | 503 mg  | 1230    |        | Carbohyd | 77.05 g  | 64.28%   |         |
| Fiber    | 3.85 g  |         |        | Tot. Fat | 12.45 g  | 23.38%   | <=30.0% |
|          | J       |         |        | Sat. Fat | 5.07 g   | 9.51%    | <10.00% |
|          |         |         |        |          | Ü        |          |         |

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.